

Tobacco Module

SUPPLEMENT 1

This section contains questions about tobacco use and your experiences with tobacco education at school.

1. Have you ever vaped tobacco or nicotine?
- A) No
 - B) Yes

IF 1=A, GO TO 13; ELSE GO TO 2

2. How old were you when you first tried vaping?
- A) 10 years old or younger
 - B) 11 years old
 - C) 12 years old
 - D) 13 years old
 - E) 14 years old
 - F) 15 years old
 - G) 16 years old
 - H) 17 years old
 - I) 18 years old or older
3. Why did you first use vapes? (*Mark all that apply.*)
- A) To fit in/peer pressure
 - B) A family member used them
 - C) To try to quit using other tobacco products, such as cigarettes
 - D) They cost less than other tobacco products, such as cigarettes
 - E) They were easier to get than other tobacco products, such as cigarettes
 - F) They are less harmful than other forms of tobacco, such as cigarettes
 - G) They were available in flavors I like
 - H) I could use them unnoticed at home or at school
 - I) It looks cool
 - J) I was curious about them
 - K) To relax or relieve stress or anxiety
 - L) For the nicotine buzz
 - M) To control my weight
 - N) For some other reason
4. Have you vaped tobacco or nicotine in the past **30 days**?
- A) No
 - B) Yes

IF 4=A, GO TO 13; ELSE GO TO 5

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5. Why do you currently use vapes? (*Mark all that apply.*)
- A) To fit in/peer pressure
 - B) A family member uses them
 - C) To try to quit using other tobacco products, such as cigarettes
 - D) They cost less than other tobacco products, such as cigarettes
 - E) They are easier to get than other tobacco products, such as cigarettes
 - F) They are less harmful than other forms of tobacco, such as cigarettes
 - G) They are available in flavors I like
 - H) I can use them unnoticed at home or at school
 - I) It looks cool
 - J) To relax or relieve stress or anxiety
 - K) To focus or concentrate
 - L) For the nicotine buzz
 - M) Because I am “hooked”
 - N) To control my weight
 - O) For some other reason
6. How do you **usually** get your vapes (or pods or e-liquid)?
- A) I buy them myself
 - B) I ask someone else to buy them for me
 - C) Someone gives them to me
 - D) I take them from someone
 - E) I get them some other way

IF 6=A, GO TO 7; ELSE GO TO 8

7. Where do you **usually** buy your vapes (or pods or e-liquid)?
- A) From someone I know
 - B) A store such as a convenience store, supermarket, gas station, or liquor store
 - C) A vape shop or tobacco shop
 - D) A mall or shopping center kiosk/stand
 - E) On the internet (including apps)
 - F) Through a delivery service (such as DoorDash or Postmates)
 - G) Other
8. Have you ever purchased a vaping device (including disposable devices), pod, cartridge, single hit, or e-liquid refill **at school or on school property?**
- A) No
 - B) Yes
9. Compared to one year ago, are you now vaping more, about the same, or less than before?
- A) More
 - B) About the same
 - C) Less

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10. Would you like to quit vaping?
- A) No
 - B) Yes
11. How likely are you to try to quit vaping?
- A) Definitely will
 - B) Probably will
 - C) May or may not
 - D) Probably will not
 - E) Definitely will not
12. How much control do you have over whether you quit vaping?
- A) No control at all
 - B) A little control
 - C) Medium control
 - D) A lot of control
 - E) Total control

IF 12=A, GO TO 15; ELSE GO TO 13

13. How hard would it be for you to refuse or say “no” to a friend who offered you a vape?
- A) Very hard
 - B) Hard
 - C) Easy
 - D) Very easy
14. How likely do you think it is that you will vape at least one time in the next year?
- A) I am sure it will not happen
 - B) It probably will not happen
 - C) There is an even chance (50–50) that it will happen
 - D) It probably will happen
 - E) It will happen for sure
15. Think about a group of 100 students (about three classrooms) in your grade. About how many students do you think vape tobacco or nicotine at least once a month?
- | | |
|-------|--------|
| A) 0 | G) 60 |
| B) 10 | H) 70 |
| C) 20 | I) 80 |
| D) 30 | J) 90 |
| E) 40 | K) 100 |
| F) 50 | |

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16. How do you feel about someone your age vaping nicotine or tobacco multiple times every day?
- A) Neither approve nor disapprove
 - B) Somewhat disapprove
 - C) Strongly disapprove
17. How do you think your close friends would feel about you vaping nicotine or tobacco multiple times every day?
- A) Neither approve nor disapprove
 - B) Somewhat disapprove
 - C) Strongly disapprove
18. Have you ever smoked cigarettes?
- A) No
 - B) Yes

IF 18=A, GO TO 29; ELSE GO TO 19

19. How old were you when you first tried cigarettes?
- A) 10 years old or younger
 - B) 11 years old
 - C) 12 years old
 - D) 13 years old
 - E) 14 years old
 - F) 15 years old
 - G) 16 years old
 - H) 17 years old
 - I) 18 years old or older
20. Have you smoked cigarettes in the past 30 days?
- A) No
 - B) Yes

IF 20=A, GO TO 29; ELSE GO TO 21

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21. Why do you currently smoke cigarettes? (*Mark all that apply.*)
- A) To fit in/peer pressure
 - B) A family member smokes them
 - C) They are easier to get than other tobacco products, such as vapes
 - D) They cost less than other tobacco products, such as vapes
 - E) They are less harmful than other forms of tobacco, such as vapes
 - F) They are available in flavors I like
 - G) It looks cool
 - H) To relax or relieve stress or anxiety
 - I) To focus or concentrate
 - J) For the nicotine buzz
 - K) Because I am “hooked”
 - L) To control my weight
 - M) For some other reason

22. How do you usually get your cigarettes?
- A) I buy them myself
 - B) I ask someone else to buy them for me
 - C) Someone gives them to me
 - D) I take them from someone
 - E) I get them some other way

IF 22=A, GO TO 23; ELSE GO TO 24

23. Where do you usually buy your cigarettes?
- A) From someone I know
 - B) A store such as a convenience store, supermarket, gas station, or liquor store
 - C) A vape shop or tobacco shop
 - D) A mall or shopping center kiosk/stand
 - E) On the internet (including apps)
 - F) Through a delivery service (such as DoorDash or Postmates)
 - G) Other
24. Have you ever purchased cigarettes (or one cigarette) from someone at school or on school property?
- A) No
 - B) Yes
25. Compared to one year ago, are you now smoking cigarettes more, about the same, or less than before?
- A) More
 - B) About the same
 - C) Less
26. Would you like to quit smoking cigarettes?
- A) No
 - B) Yes

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27. How likely are you to try to quit smoking cigarettes?
- A) Definitely will
 - B) Probably will
 - C) May or may not
 - D) Probably will not
 - E) Definitely will not
28. How much control do you have over whether you quit smoking cigarettes?
- A) No control at all
 - B) A little control
 - C) Medium control
 - D) A lot of control
 - E) Total control

IF 28=A, GO TO 31; ELSE GO TO 29

29. How hard would it be for you to refuse or say “no” to a friend who offered you a cigarette to smoke?
- A) Very hard
 - B) Hard
 - C) Easy
 - D) Very easy
30. How likely do you think it is that you will smoke one or more cigarettes in the next year?
- A) I am sure it will not happen
 - B) It probably will not happen
 - C) There is an even chance (50–50) that it will happen
 - D) It probably will happen
 - E) It will happen for sure
31. Think about a group of 100 students (about three classrooms) in your grade. About how many students do you think smoke cigarettes at least **once a month**?
- | | |
|-------|--------|
| A) 0 | G) 60 |
| B) 10 | H) 70 |
| C) 20 | I) 80 |
| D) 30 | J) 90 |
| E) 40 | K) 100 |
| F) 50 | |
32. How do you feel about someone your age smoking one or more packs of cigarettes a day?
- A) Neither approve nor disapprove
 - B) Somewhat disapprove
 - C) Strongly disapprove

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33. How do you think your close friends would feel about you smoking one or more packs of cigarettes a day?
- A) Neither approve nor disapprove
 - B) Somewhat disapprove
 - C) Strongly disapprove

*During the past **12 months**, did you do any of these things **at school**?*

- | | No | Yes | Not Sure |
|---|----|-----|----------|
| 34. Have lessons about tobacco and its effects on the body | A | B | C |
| 35. Practice different ways to refuse or say “no” to tobacco offers | A | B | C |
| 36. During the past 12 months , have you talked with at least one of your parents or guardians about the dangers of tobacco use? | | | |
| A) No | | | |
| B) Yes | | | |

IF 1=B OR 18=B, GO TO 37; ELSE FINISH SURVEY

*In the **past 12 months**, did you do any of the following things at school to get help to quit vaping or smoking cigarettes?*

- | | No | Yes |
|---|----|-----|
| 37. Go to a special group or class | A | B |
| 38. Talk to an adult at your school about how to quit | A | B |
| 39. Talk to a peer helper about how to quit | A | B |